





Menu

Cancer Support



TO PLACE AN ORDER
or if you have comments
or concerns, please call:
1-844-657-8721
M-F 7 AM to 6 PM CST
www.MomsMeals.com

Carbs (g): Approximate grams of carbohydrates are shown for the **entree (tray only)** and the full meal

ITEM	American Classics	CARBS (g)	
95050	Tuna Casserole with Vegetables and Cranberry-Apple Crisp and String Cheese 	93	94
95115	BBQ Chicken with Roasted Potato Medley and Seasoned Peas, Apple Juice, Whole Wheat Dinner Roll and Margarine 	55	83
95174	Salisbury Steak with Mushroom Gravy, White Rice and Mixed Vegetables, Whole Wheat Dinner Roll, Peanut Butter and Orange 	53	88
95200	Beef Pepper Steak with Gravy over White Rice and Spiced Blueberry-Apple Crisp, and String Cheese 	90	91
95218	Chicken & Noodles with Mashed Potatoes, Blueberry Applesauce, String Cheese and Vanilla Pudding 	39	83
95220	Swedish Style Meatballs with Creamy Mushroom Sauce over Pasta and Seasoned Peas, Whole Wheat Dinner Roll and Orange	58	89
95241	NEW Beef Stew and Cornbread, String Cheese, Applesauce and Granola	34	82
95244	NEW Homestyle Beef Meatloaf with Mashed Potatoes and Mixed Vegetables, Whole Wheat Dinner Roll, Margarine and Peach Cup	46	78

Soup and Sandwich

95199	Cheeseburger and Seasoned Mixed Vegetables, Whole Wheat Bun, Orange and Raspberry Applesauce	15	79
95211	Bacon Cheeseburger Soup and Spiced Fruit Medley, Whole Wheat Dinner Roll, Peanut Butter, Apple Juice and Chocolate Pudding	38	93
95246	NEW BBQ Pulled Pork and Smokehouse Creamed Corn, Whole Wheat Bun and Vanilla Pudding	37	87
95247	NEW Pork Rib Patty with BBQ Sauce and Seasoned Country Blend Vegetables, Whole Wheat Bun and Chocolate Pudding	32	81

ITEM	International Flavors	CARBS (g)	
95013	Spaghetti & Meatballs with Marinara Sauce and Italian Style Peas, Whole Wheat Bread, Peanut Butter and Grape Juice 	49	82
95203	Chicken with Teriyaki Sauce over White Rice and Stir Fry Vegetables, Gelatin, String Cheese and Triple Chocolate Pudding 	50	98
95208	Ziti Bake with Meat Sauce and Seasoned Vegetables, Whole Wheat Dinner Roll, String Cheese and Orange	55	87
95245	NEW Cheese Lasagna with Marinara Sauce and Spiced Fruit Crisp, Whole Wheat Dinner Roll and Pineapple Cup	77	105

Breakfast Meals

95163	Vegetable Egg Scramble and Peaches with Cherries, Whole Wheat English Muffin, Margarine, String Cheese and Orange Juice	40	79
95164	Breakfast Sandwich (Pork Sausage, Egg, Cheese) and Pineapple-Apple Crisp, Whole Wheat English Muffin and String Cheese	38	62
95175	Ham, Egg and Cheese Scramble and Spiced Blueberries & Apples, Orange, Whole Wheat Bread and Peanut Butter	37	72
95237	NEW Cheesy Scrambled Eggs, Turkey Sausage Links and Blueberry Crumb Loaf, Gelatin and Granola	19	74

 **Customer Favorite**

{ Refrigerate meals upon arrival. }

All meals contain >600 calories and >25g Protein.

Meals developed based on input from Oncology Specialized Registered Dietitians and in accordance with the American Institute on Cancer Research (AICR) guidelines.

Please select the meals that are most appropriate for your dietary needs.

Menus are subject to change. As with any kitchen, there are times when availability of ingredients can fluctuate due to seasonal changes causing us to utilize alternative options with like nutritional.



* 0 0 7 7 7 0 / 3 3 3 3 *